

28th November 2025

Dear Parents and Carers,

The last two weeks have seen an increase in seasonal viruses in the community. We understand it can sometimes be difficult to decide whether your child is well enough to attend school when they are ill. To help, please follow this guidance below:

If You Keep Your Child Off School:

Contact the school on the first day of absence and let us know the reason here <u>Talk with The Albion Academy</u> We will contact you back for more of a discussion as we do call home for all pupil absences in all year groups on the day.

When to Keep Your Child Off School

- **High Temperature*:** If your child has a temperature of 38°C or above, keep them at home until it returns to normal.
- **Vomiting or Diarrhoea:** Keep your child off school until they have been free from sickness or diarrhoea for 48 hours.
- Sore Throat: If your child has a sore throat, they should be well enough to attend school. The exception to this is if your child has a sore throat <u>and a</u> high temperature*, they should stay at home until the temperature goes away.
- Coughs and Colds: Mild symptoms such as a runny nose or sore throat are fine if your child feels generally well and does not have a high temperature*.
- **Feeling Anxious or Worried:** Avoiding school makes anxiety about it worse. Please talk to us here <u>Talk with The Albion Academy</u> if your child is struggling —we can work together to support them in school. If concerns persist, contact your GP.

"The 12 Days of Christmas" Attendance Challenge!

We have seen some brilliant improvements in attendance this year so far and want to make sure that this improvement goes on all the way until our Christmas holiday on Friday 19th December. To incentivise your child, we are running the following attendance challenge:

- Every day your child arrives on time to school and receives only positive behaviour points their name will be entered into a prize draw for the following morning
- There will be a daily prize draw from this list of names at lineups for each year group, one prize per year group per day
- There are over £4000 worth of prizes to be won to recognise and reward consistent attendance and positive behaviour daily!

We hope that this supports you and incentivises your child in those final three weeks of term as we want to see our attendance continue to be at strong levels across the school.

Kind regards,

Mathew Rogers

Principal